



Healthy and affordable food choices at IIT(BHU)

There are 16 hostels in the Institute consisting of a dedicated Mess and canteen. All these mess and canteen are monitored by the Hostel warden and students team, who ensure quality of food, hygiene and cleanliness in the food areas. There is also Sattvik Mess to serve pure vegetarian food. In addition, there is a cafeteria in the workplace. Institute and the hostel administration ensures that the food is provided at a reasonable price and is affordable for people from different sections of the society.

- Generally, for lunch or dinner, there will be rotis, rice, 3-4 types of vegetable curries, and 1-2 types of daal. Salad is provided along with the meals.
- Fruit salads and sweets are given at least once a week.
- The Saturday lunch is known as a big meal. Along with the general items, there will be poori, chole, a few other snacks, etc.
- At least once in 2 weeks, the mess menu includes special food items like 2-3 types of paranthas, Noodles, Dosa, Idli, etc.
- Eggs are served twice a week. For vegetarians, there are paneer items.
- Chicken, Fish, Mutton are served twice a week.
- You can also order Egg burji, Omelet, Egg rice anytime you want. These are charged separately from the mess fee.

<https://www.iitbhu.ac.in/hostels/gallery>